YOUR'E INVITED TO A SERIES OF 4 ONLINE CREATIVE SESSIONS: WINTER WARMERS.

## AN ONLINE CREATIVE COMMUNITY FOR THE DARK MONTHS

Each week we'll have a different creative activity to bring some light and warmth to the winter months. You don't need to have any particular skills or art practice, just an interest in making things in (virtual) company with other people. Alongside making things, there will be some chats about ways to find comfort when things are hard in the winter, including how doing creative things can support our mental health. These conversations will be gentle and you can take part in them as much or as little as you want to.

Ahead of the sessions we'll send you a pack of creative materials in the post. This will include things you'll need to get creative for each prompt and activity. A small gift from us to you.

## WHEN?

Tuesdays, 6-7:30pm (final session 6-8pm to include half an hour of sharing work): 26th November, 3rd December,10th December, 17th December

## WHERE?

On Zoom (we'll send the link before each session).

## WHO IS THIS PROJECT FOR?

Anyone aged 16-25

we have 12 spaces available and these will be allocated on a first come first serve basis.

If you have any questions or want to chat about the project before (or after) signing up then give isla (she/her) a shout by emailing <u>isla@otrbristol.org.uk</u> with the subject line 'Winter Warmers.'

